



Rotary
R.I. District 3240



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Service



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Rtn. Binay Kumar Pathak
Editor RY 2025-2026



Editorial

Good Evening Rotarians,

Rotary Clubs worldwide have been actively promoting mental health awareness and supporting initiatives to minimise the onset of mental illness. Recognizing the importance of mental well-being, Rotarians are working to break the stigma surrounding mental health issues and encourage people to prioritise their emotional health. Though various projects, such as workshops, webinars, and support groups, Rotary clubs are creating safe space for people to discuss their struggles and seek help.

These initiatives focus on building resilience, promoting stress management techniques, and fostering a sense of community. By partnering with the mental health professionals, Rotary clubs are able to provide valuable resources and tools to help individuals cope with anxiety, depression, and other mental health challenges. Additionally Rotarians are engaging in awareness campaigns to educate the public about mental health, emphasizing that it's okay to seek help and that mental illness is just as valid as any physical illness.

By taking a proactive approach to mental health, Rotary clubs are making positive impacts in their communities. Their efforts are helping to create a culture of understanding, empathy, and support, where individuals feel empowered to prioritise their mental well being. As Rotary continues to promote mental health awareness, they are contributing to a broader movement to minimise the onset of mental illness and improve overall well-being for all.



Proceedings of 3320th Regular Weekly Meeting of Rotary Club of Burdwan held on 26.02.2026 at 6.30 p.m. at Rotary Bhavan, Borehat, Burdwan.

IPP Rtn. Syamantak Halder, Working President called the meeting to order.

Members sang 'National Anthem'.

Object of Rotary was recited by PP Rtn. Arun Kumar Kundu.

Rtn. Jitendra Nath Mondal read over the 4-way test.

IPP Rtn. Syamantak Halder welcomed District Governor, A.G., members, guest Rotarians and dignitaries.

Now the President handed over the microphone to Rtn. Dr Puja Banerjee.

The next part of the programme was conducted by Rtn. Dr. Puja Banerjee.

Today, our club organizes 'Mental Helath' programme in three stages.

The first stage of the programme which has been held at 'Magnus Global School' and the other two stages of programme have been held at 'Nabanir' old age home at Kanchannagar and at our Meeting hall.

District Governor Rtn. Kameshwar S. Elangbam and Assistant Governor of Zone-III Rtn. Chandan Roy were escorted to dais.

They were felicitated with flower bouquet.

PP Rtn. Dr Chandrajit Kundu, Seminar Chair and PP Rtn. Dr Pallavi Maji, Chair-RAGMHI, RID-3240 were felicitated.

That apart, other dignitaries were also felicitated.

Rtn. Chandan Roy, A.G., offered thanks to our club members for hosting 'Mental Health Programme' in three stages. He also stated that mental health is related to sports and games.

District Governor clarified the significance of mental health.

After D.G. an expert Guest speaker discussed the mental health problem before the members and guests.

PP Rtn. Dr Chandrajit Kundu offered vote of thanks to all.

Rtn. Dr Arindam Mondal, Sergeant-At-Arms reported as follows.

Total members ...74, Members present....43

Guest & Visiting Rtn.. 62

The meeting was adjourned.

President.

